

# Spa Serenity

at

# Kings Point South Club

## Escape... Relax... Restore

*Enter a realm where the blissfulness of relaxation awaits you. At Spa Serenity, our mission is to provide quality care in a tranquil setting. Our commitment to excellence is based on meeting your specific needs to ensure a memorable and enjoyable spa experience.*

*We look forward to pampering you!*

# Massage

## Swedish

*A traditional full body massage using gentle to moderate pressure, while bring about relaxation and renewing the mind/body connection.*

*25 Min | \$40 ♦ 50 Min | \$55 ♦ 70 Min | \$75*

## Therapeutic

*The purpose of this massage is to target specific areas of concern using deep pressure, kneading, and trigger point therapy to alleviate muscle soreness and tension.*

*25 Min | \$40 ♦ 50 Min | \$60 ♦ 70 Min | \$80*

## Hot Stone

*A luxurious massage enhanced by the utilization of hot lava stones to reduce muscle aches, mental and emotional tension, designed for the truly pampered.*

*60 Min | \$75*

*\* Not recommended for clients that are heat sensitive. If diabetic, please consult your physician prior to scheduling an appointment.*

## Reflexology

*This unique ancient massage technique uses acupressure applied to reflex pressure points on the soles of the feet to release tension and fatigue, improving overall body awareness and relaxation.*

*30 Min | \$40*

# *Skin Care*

## *Express Facial*

*A relaxing facial that incorporates a gentle cleansing, exfoliation, steam, mask and calming massage of the face, décolleté, shoulders and arms.*

*45 Min. | \$40*

## *European Facial*

*A therapeutic facial that helps maintain a healthy complexion, including a thorough cleansing, exfoliation, steam, extractions if needed, massage of the face, décolleté, shoulders, arms, and a customized mask to meet your specific needs. In addition a restorative treatment of the hands is included, consisting of a massage of the hands, paraffin treatment and warming gloves.*

*55 Min. | \$60*

## *Age Defying Facial*

*A rejuvenating facial designed to combat the visual signs of aging. This treatment is specifically formulated to encourage collagen production and improve the appearance of dull skin through the use of fruit peels and a custom mask. Skin looks and feels smooth, hydrated, relaxed and more radiant.*

*65 Min. | \$70*

## *Gentleman's Facial*

*Designed to accommodate a man's special skin care requirements including a deep cleansing, exfoliation, steam, extractions if needed, massage of the face, chest, shoulders, arms and a customized mask to meet his specific needs.*

*55 Min. | \$60*

*\*Shaving the evening prior to facial treatment is recommended.*

# Pedicure

## Classic

*A simply relaxing pedicure starting with a foot bath used to soften the feet, exfoliation of the lower legs and feet, treatment of the cuticles and nails. A splendid massage and polish of your choice will complete this treatment.*

*50 Min. | \$30*

## Chocolate Splendor

*Entice your senses by taking in all the wonderful scents and serene textures of our signature chocolate pedicure. This decadent treatment includes a warm chocolate mint exfoliation, a chocolate mint massage, and top off with a polish of your choice guaranteed to leave your feet feeling delicious.*

*60 Min. | \$40*

# Waxing

*Waxing is not recommended for sensitive skin. If you are currently using Retin A, AHA's, Renova or taking Accutane, waxing can not be performed. Please communicate any concerns you may have regarding this service with your physician and treating esthetician.*

*Brow Shaping \$12 ♦ Lip wax \$8 ♦ Chin \$9 ♦ Full Face \$28 ♦ Brow & Lip \$18 ♦ Lip & Chin \$15 ♦ Brow, Lip & Chin \$24 ♦ Half Leg \$25 ♦ Full Leg \$47 ♦ Bikini \$20*

# *Signature Services*

## *Slimming Tummy Mask*

*This mask contains active slimming ingredients such as guarana (caffeine), antioxidants, and other healing agents which help to eliminate toxins. Your skin will feel renewed, detoxified, and refreshed. Add this service to any facial for a truly pampered experience.*

*\$15*

## *Pampered Hands*

*Give your hands the extra attention they desire by adding a paraffin treatment to any massage. The purpose of this technique is to soothe achy joints while hydrating the skin, giving your hands a more youthful glow.*

*\$6*

## *Aromatherapy*

*Enhance your senses by adding an essential oil to any massage treatment.*

*\$4*

# *Spa Serenity*

*Kings Point South Club*

*1224 Newpoint Loop*

*(813) 387-3475*

# Spa Policies & Procedures

## Scheduling:

*Please arrive 10 minutes prior to your scheduled appointment to allow time to check in and fill out any necessary paper work. Late arrivals will result in a reduction of service time. You will be charged for the full amount of scheduled service.*

## Cancellations:

*Your appointment time is reserved just for you and at times you may need to change your appointment. If you choose to reschedule an appointment please give 24 hours notice. No-shows or cancellations within 24 hours of scheduled appointment will result in a 50% service charge. Hours of operation are 9:00 to 5:00 Monday through Friday.*

## Payments:

*We accept cash, Visa, MasterCard and personal check with valid identification..*

## Certificates:

*Gift certificates are available for purchase. All gift certificates are non-refundable and can not be used to purchase another gift certificate. Certificates must be presented at time of redemption. Spa Serenity at Kings Point South Club is not responsible for any lost or stolen gift certificates.*

## Gratuities:

*Gratuities are at the sole discretion of the member or guest of a member.*

## Health Issues:

*Please be forth coming in any health issues or concerns you may have, such as high blood pressure, heart conditions, allergies or any other serious condition.*